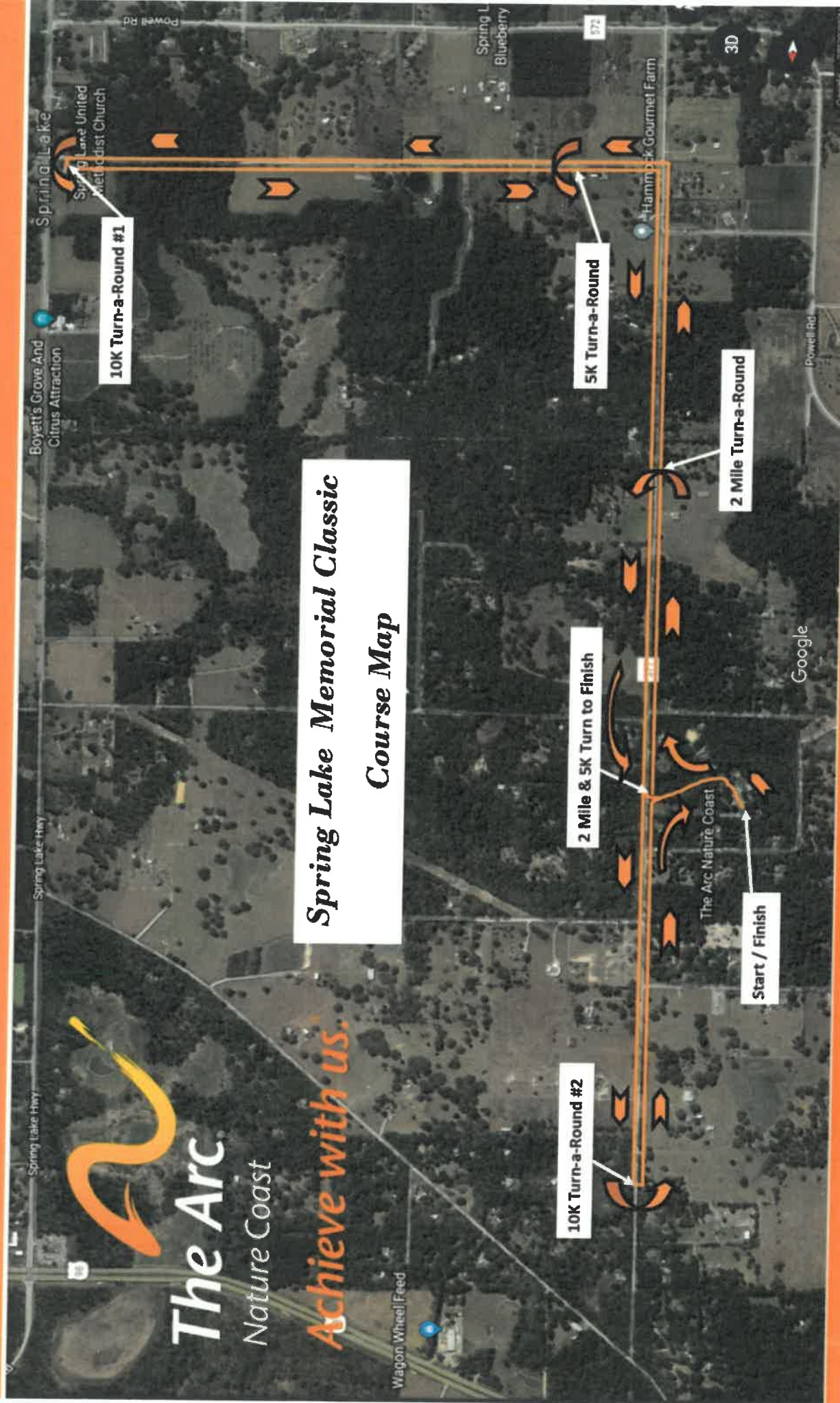




**The Arc**  
Nature Coast

*Achieve with us.*

## Spring Lake Memorial Classic Course Map



# Spring Lake Memorial Race

## Course Profiles

### 5K Profile

Climbs: 4

Total Ascent: 215 ft.

Max. Grade: 11%

### 5K Elevation



### 10K Profile

Climbs: 7

Total Ascent: 355 ft.

Max. Grade: 11%

### 10K Elevation

